Each day is a new day; a new opportunity to be a better person than we were yesterday. In the pages of the Transformed journal, author Shelley Wilburn gives you the chance to be transformed by writing your thoughts, prayers, and Bible verses which can help you become a better you! As the front cover verse says, *"...let God transform you inwardly by a complete change of your mind."* How do we do that? Dig deep into God's Word (the Bible) and allow Him to show you who you are, and who He wants you to become. Read the words. Write them down. Then watch as your life transforms into who God created you to be!

Shelley Wilburn is an author, freelance editor, and writer's coach. She has published several books, as well as ghostwriting, and editing for others. Shelley is the founder of Walking Healed Ministries and Mountain Joy Publishing. She lives in Southern Illinois with her husband, Don, and their two Chihuahuas, and Great Pyrenees. You can find Shelley's books at www.shelleywilburnauthor.com



Transformed

A Journal

Do not conform yourselves to the standards of this world, but let God transform you inwardly by a complete change of your mind.
- Romans 12:2



Shelley Wilburn